Sex, the Sacred, and Self-healing in South France



The original Central European Timeline ran through Paris and the legendary high valley in the Aude department, the land of the Cathars. Applied to a physiological interpretation of the map, the capital in the north represents the head region, while the area around Rennes-le-Château occupies the position of the sacrum in a proportional comparison. An analogy that corresponds to the transformative potential of the region's many mysterious and mystical sites, bringing to mind the sacral plexus that controls the function of the sexual organs.

A similar perspective focused on the human anatomy determines the accompanying lecture series, covering sexual transformation and hormonal regeneration in the sacred texts and spiritual traditions, ranging from monotheism to mythology and to the practical philosophy of Taoism. In the midst of the enigmatic home of Grail legends, Virgin Mary grottoes, Templar treasures and Druidic natural altars, the well-protected and yet omnipresent topic – in its importance and complexity hardly to be overestimated – is laid out in a relatable manner.

In addition, the basics of Sacranat – a unique and accessible technique based on osteopathy, Traditional Chinese Medicine and latromathematics – are transmitted in workshops as a simple method for self-healing or therapeutic purposes.

Find out more at www.sacranat.org/en

PROGRAM

Transformation of sexual energy and hormonal regeneration in religion and mythology

Internal circulation and microcosmic orbit

Sexuality, cycle, and fertility

(Self-)application of Sacranat

Experience mystical local sites, natural pools, thermal springs

Individual sessions:

Sacranat, Fascia Therapy, Chi Nei Tsang, Tok Sen, Meridian-, Lymphatic- and Organ-Taping, Informational Therapy, Acupuncture, Couple Counseling, Menstruation and Fertility







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